



Cover Letter for Children’s Services Asthma First Aid Record

Dear Parent

Henschke Out of School Hours Care Inc has undertaken a commitment to become a “Safe Asthma Aware OOSHC” which involves implementing best practice asthma management procedures within the service.

As asthma can occur without warning, your child may experience their FIRST ASTHMA ATTACK whilst attending this service.

In the event of a child with no previous medical history of asthma having difficulty in breathing consistent with symptoms of asthma, staff at this service will call an ambulance and administer Nationally Recognised Asthma First Aid. This is in accordance with The Education & n Care Services National Regulations 2011 – Regulation No. 94. Exception to authorisation requirement – anaphylaxis or asthma emergency “medication may be administered to a child without an authorisation in case of an anaphylaxis or asthma emergency”.

Nationally Recognised Asthma First Aid e.g. *Kids’ First Aid for Asthma, is the recommended asthma first aid procedure to be used in a community setting and endorsed by the National Asthma Council of Australia.

<p>Step 1 Sit the child upright, remain calm and provide reassurance. Do not leave the child alone</p>	<p>Step 2 Give 4 puffs of a blue reliever inhaler (Salbutamol eg. Ventolin, Asmol, Airomir), one puff at a time using a spacer if available (including mask if required). Instruct the child to take 4 breaths from the spacer after each puff.</p>	<p>Step 3 Wait 4 minutes, if the child still cannot breathe normally give another 4 puffs of blue/grey reliever puffer</p>	<p>Step 4 If the child still cannot breathe normally, call an ambulance immediately (Dial 000) and continue giving 4 puffs of blue/grey reliever puffer every 4 minutes until the ambulance has arrived.</p>
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Not sure If it’s Asthma? CALL AN AMBULANCE IMMEDIATELY (DIAL 000)
 If the child stays conscious and their main problem seems to be breathing, follow the asthma first aid steps. Asthma reliever medicine is unlikely to harm them even if they do not have asthma.

Nationally recognized Asthma First Aid is a safe and easy to follow procedure that involves administering reliever medication from a Metered Dose Inhaler (puffer) and spacer device (if available), or turbuhaler device, over a time period that allows a gradual administration of the recommended dose. **This is the recognized asthma first aid procedure taught to staff during OOSHC asthma management training.** Reliever medication is the mainstay treatment for acute asthma symptoms and works quickly to relax muscles and open the airway, making it easier to breathe.

If your child has current asthma, or has previously been treated for asthma, it is important that staff at the service are informed of this. To assist staff in providing appropriate asthma first aid management for your child should they experience an asthma attack the service requests that you complete the attached Children’s Services Asthma First Aid Record and return it as soon as possible. Please ensure that you select your preferred asthma first aid instructions to be followed.

To discuss this further please feel free to contact Ly on 0481 338 799.

Henschke Out of School Hours Care Inc is a separate entity to Henschke Primary School and is operated and controlled by an independent committee. Henschke Primary School is not responsible for any part of the operation of HOOSH or any facility while in use by HOOSH.